

# Nurturing Skills for Families

for parents with children ages 0-11



Classes Start: September 21, 2021

Time: 6:00PM – 7:45PM, Every Tuesday

Location: Join us from the convenience of your Home!

Live via  
Zoom

During this 10-week course, parents will learn about:

- Understanding Development Milestones
- Strengthening Empathy in Parents and Children
- Disciplining in a Positive and Nurturing Ways
- Developing Positive Self-Concept, Self-Esteem, & Self-Worth
- Recognizing, Managing, and Communicating Feeling
- Enhancing Positive Interactions

To pre-register go to the link below or complete the referral form:

<https://forms.gle/zw2UKbUR2EDc58yHA>

For more information contact:

Wendy Robles

Administrative Coordinator

Phone: (805) 346-1774

Email: [wendy@fbsmv.com](mailto:wendy@fbsmv.com)

## FIGHTING BACK

*Fighting for our future, one kid at a time.*

SANTA MARIA VALLEY

201 S Miller St. Suite 107, Santa Maria CA, 93454

Phone Number: 805-346-1774 Website: [FBSMV.COM](http://FBSMV.COM)



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# Crianza con Cariño para las familias

Para padres con niños de 0-11 años de edad



Inicio de clases: 21 de septiembre del 2021  
Horario: 6:00PM – 7:45PM, Cada Martes  
Lugar: ¡Únase a nosotros desde la comodidad de su casa!

En vivo a través de  
Zoom

Durante estas 10 semanas los padres aprenderán información acerca de:

- Comprendiendo los pasos de la vida
- Fuerte entendimiento de empatía entre padres e hijos
- Disciplina de una manera positiva y nutritiva
- El desarrollo positivo, concepto de sí mismo, y autoestima
- Reconocer, controlar y comunicar las emociones
- Mejorar las interacciones positivas

Para preinscribirse, vaya al enlace a continuación o complete el formulario de referencia:

<https://forms.gle/zw2UKbUR2EDc58yHA>

Para más información

Contacte: Wendy Robles

Coordinadora Administrativa

Teléfono: (805) 346-1774

Correo: [wendy@fbsmv.com](mailto:wendy@fbsmv.com)

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